

# Parma Heights Christian Academy Lady Warrior's Volleyball



Attention 5<sup>th</sup> & 6<sup>th</sup> Grade Girls:

Volleyball season is here!! Coach Sandra is returning as coach this year.

The first two practices will be on Monday, August 28<sup>th</sup> & Wednesday, August 30<sup>th</sup> from 3:00 – 4:30 PM in the school gymnasium. Practices will then move to Mondays and Fridays starting September 8<sup>th</sup>. Matches will take place on Saturdays with dates and times yet to be determined.

There is a participation fee of \$30 per player to help defray the costs of participating in the League.

Don't forget for practices you will need *tennis shoes, shorts or sweatpants, a comfortable T-shirt, knee pads, a good attitude and a great work ethic!*

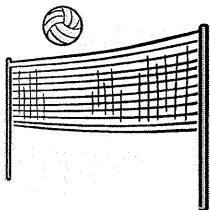
Parents – please sign and return the form below with your \$30 payment by Friday, September 8<sup>th</sup>, 2023.

**ALSO, COACH SANDRA NEEDS AN ASSISTANT THIS SEASON. IF YOU ARE INTERESTED, PLEASE EMAIL MISS MENCARINI AT:**

**kmencarini@phcawarriors.com**

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## PHCA GIRLS' Volleyball PERMISSION SLIP



\$30 participation fee due by  
Friday, September 8, 2023

I give my daughter, \_\_\_\_\_, in Grade \_\_\_\_\_, permission to play on the PHCA girls' volleyball team. I understand my responsibility to make sure she has transportation to and from practices and games.

\_\_\_\_\_  
Parent's Signature

\_\_\_\_\_  
Date

Emergency Contacts: Name: \_\_\_\_\_

Phone: \_\_\_\_\_

Name: \_\_\_\_\_

Phone: \_\_\_\_\_